

Cheshire East

Care Services Directory 2015



Tatton Hall

**The comprehensive guide
to choosing and paying for your care**

• Home support • Housing options • Care helpline • Care homes



In association with



Do you need a Helping Hand?

Live-in Care... an alternative to residential care.

At Helping Hands we have been providing award winning quality home care since 1989. Still family run, we apply our local knowledge and 25 years of home care experience to offer one to one care that enables you or your loved one to remain at home with compassion and dignity.

Our locally based Carers are able to balance independent living with bespoke care needs by assisting with housekeeping, companionship, providing a break for an existing care giver, personal care, support with continence and hospital discharge.

So if you are looking for an alternative to residential care or extra support for those everyday tasks that are becoming a little more difficult, then we're here to help - 24 hours per day, 7 days per week.

To find out how we can help you, call:

01270 861 745

or visit: www.helpinghands.co.uk

"We are incredibly fortunate to have such dedicated people, like the staff at Helping Hands, caring for the vulnerable and the elderly members of the communities."

Lisa Carr, Director of The Great British Care Awards





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To obtain extra copies of this Directory, free of charge, call the **Adult Social Care team** on **01270 371315**.

Alternative formats

This Directory is available electronically at www.carechoices.co.uk. There is also a Browsealoud option for those requiring the information in the spoken word.



Introduction from Cheshire East Council

Cheshire East – Best in the North West. We all know that Cheshire East is an amazing place to live, work, visit and invest. A recent announcement in the annual Halifax Quality of Life Survey has announced that Cheshire East is the 'best place to live in the North West'. And it's getting better.

Cheshire East Council is committed to ensuring:

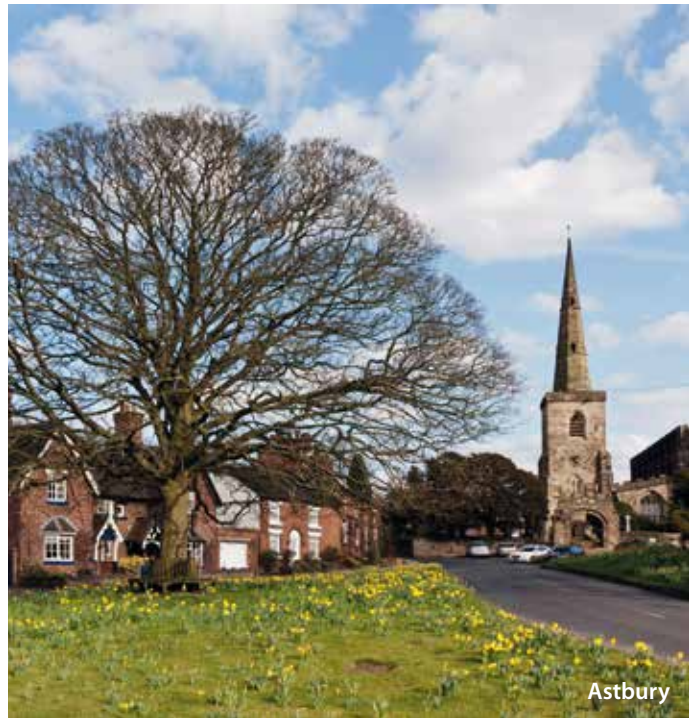
- Our local communities are strong and supportive;
- People have the life skills and education they need to thrive;
- A green and sustainable place;
- People live well and for longer; and
- Responsible, effective and efficient organisation.

Cheshire East Council is committed to supporting local citizens to live well for longer by remaining as independent as possible and living in their own homes for as long as they can safely do so. As well as sign-posting people to access activities and support independently, Adult Social Care offers a number of services focussed on preventing people from becoming dependent on others for their care and support needs. Local, community-based groups and organisations, assistive technology and the Council's Reablement Service can help people to feel supported and safe at home, whilst home care and residential care is available as and when required.

With a focus on a preventative, enabling approach where people are supported to be as independent as they can be, services are set up to ensure that people are encouraged to maximise self-reliance and to learn or relearn skills in order to remain as active as possible. Adult Social Care works closely with other organisations, both in the independent and voluntary sectors, to ensure that support services are joined-up and integrated by way of reducing confusion or duplication for services users and their families.

From April 2015, the new Care Act will help make the care and support system more consistent across England - care and support is changing for the better. Many of us will need care and support at some point in our lives and the new national changes are designed to put you in control of the help you receive. Any decisions about your care and support will consider your well-being and what is important to you and your family, so you can stay healthy and remain independent for longer. For further information on what this may mean for you see page 17.

Further information on the Care Act can be found on our website, and you can also obtain independent advice from ACE (Advice Cheshire East) on **01260 288353**.



The aim of this Directory is to provide Cheshire East residents with details of services and organisations that can provide them with information about a range of issues and advice, the chance to learn or re-learn skills in order to remain as active as possible, or opportunities to meet and talk with others. The Directory also provides information about housing, healthy living and links to local resources such as libraries and leisure services. If you require more assistance, the Directory provides details about how to ask for an assessment of your needs and describes a number of services available to people requiring more support.

We hope that you find the Directory helpful.

Cheshire East Borough Council

Westfields,
Middlewich Road,
Sandbach
CW11 1HZ

Telephone: **0300 123 5500**

Web: **www.cheshireeast.gov.uk**

The offices are open 8.30am to 5.00pm
Outside of working hours (emergency only):

0300 123 5025

Further details are also available from
the Cheshire East Council website:

www.cheshireeast.gov.uk



Healthy lifestyles

A healthy lifestyle should include eating a balanced diet and taking part in exercise. You can find lots of opportunities to keep healthy and active in this section.

Healthy Eating - we all need a balanced diet and exercise to ensure that we have good physical and mental health. For self-help tools and information visit **www.nhs.uk/livewell/healthy-eating/Pages/Healthyeating.aspx**

Active ageing - there are specialised activity programmes for older people which aim to improve independence, well-being and quality of life, and to reduce the risk of falls.

For more information visit

www.cheshireeast.gov.uk/ActiveAging

For self-help tools and information about how to increase physical activity visit **www.nhs.uk/livewell/**

fitness/Pages/Fitnesshome.aspx

Alcohol and Drug Misuse - An easy access service is available for people whose drug or alcohol use is a problem, with the aim of promoting health and minimising harm to the individual, their families and the community. Visit **www.cwp.nhs.uk/services/2540-cheshire-east-substance-misuse-service**

Stopping Smoking - Smoking is bad for your health. Use the NHS stop smoking tool to get daily tips for success to stop smoking. Visit the NHS Choices website at **www.nhs.uk/livewell/smoking**

For further information on improving your health and well-being, and on any of the above services, contact the Health Improvement Team on **01270 686600**.

Leisure

Leisure centres in Cheshire East offer many opportunities for getting active and healthy. For details of what's on, visit your local leisure centre, or visit their website via this link **www.cheshireeast.gov.uk/LeisureCentres** or call **0300 123 5018**.

Exercise does not have to be in a leisure centre and you may prefer to go on walks. Go to **www.cheshireeast.gov.uk/Walks** for useful walking links and a free map of local walks.

Libraries

We have 16 libraries in towns and villages across the borough, with a mobile library service serving the more remote rural areas. Our libraries provide much more

than just books - look online at **www.cheshireeast.gov.uk/libraries** or visit one of the libraries to learn more. Alternatively, you can call **0300 123 5018**.

Community hubs

Community hubs will include a network of well-connected community buildings that will provide spaces, services and activities for people in their local area. It is intended that community hubs will be designed and led

by the community.

For more information contact the Partnerships and Communities Team on **01270 685809** or email **partnerships@cheshireeast.gov.uk**

Dying Well - What does end of life care involve?

End of life care is support for people who are approaching death and includes palliative care. It helps people to be as comfortable as possible and to die with dignity. It also includes support for their family or carers. The Cheshire End of Life Partnership can provide useful information and local support. Visit **www.eolp.co.uk** for more information or call **01270 758120** or visit **www.nhs.uk/Planners/end-of-life-care/Pages/planning-ahead.aspx**



Healthwatch

This is the consumer champion for health and social care that gathers knowledge, information and opinion to influence policy and commissioning decisions, monitoring quality of services and reporting to regulators.

For more information visit

www.healthwatchcheshireeast.co.uk or call
03300 882 843.

NHS Choices - Helping to put you in charge of your healthcare

NHS Choices is a reliable source of health information and advice. Visit **www.nhs.uk**

Staying independent

This section explains how we can support you to remain independent, improve your quality of life and help to prevent you or the people you care for from reaching

crisis point. The following services are available to help prevent your needs escalating and to delay your need for ongoing care and support.

Information and advice

ACE (Advice Cheshire East)

Information and advice service on The Care Act via a dedicated Care Act telephone helpline, including the choice of types of care and support available, the choice of providers, how to access the care and support, how to access independent financial advice, support individuals to understand the financial implications of the Act, and how to raise concerns about the safety or well-being of an adult who has needs for care and support.

Tel: **01260 288353**

Citizens Advice Bureau

Provides free confidential and independent advice and information on a wide range of subjects including finances, housing and relationships.

Macclesfield, Wilmslow, Poynton and Knutsford

Tel: **01625 428006**

Email: **mhia@cecab-north.org.uk**

Congleton, Sandbach, Crewe and Nantwich

Tel: **01270 303106**

Email: **mhia@cecab.org.uk**

Information and advice for older people

Age UK

'Supporting You' is run by Age UK for people over 50, and offers you a range of information and advice. It can help you to find the right support to manage everyday tasks or advise you at times of change in your life like coming out of hospital or retirement.

Macclesfield, Wilmslow, Poynton and Knutsford

Tel: **01625 612958**

Email: **enquiries@ageukcheshireeast.org**

Web: **www.ageuk.org.uk/cheshireeast**

Congleton, Sandbach, Crewe and Nantwich

Tel: **01606 881660** Email: **admin@ageukcheshire.org.uk**

Web: **www.ageuk.org.uk/cheshire**

Information and advice for people with dementia and their carers

Alzheimer's Society

The 'Living Well' service gives you detailed information about the support available in Cheshire East if you are living with dementia or caring for someone who is. The Alzheimer's Society also runs regular support groups where you can share your experiences.

Crewe

Tel: **01270 501901**

Email: **southcheshire@alzheimers.org.uk**

Web: **www.alzheimers.org.uk**

Macclesfield

Tel: **01625 503302**

Email: **east-cheshire@alzheimers.org.uk**

Web: **www.alzheimers.org.uk**

Information and advice for adults with a mental health condition

Citizens Advice Bureau

The Citizens Advice Bureau's service will give you

information on stress, anxiety, depression and other mental health issues either through its self-help website or in person.

Web: www.cecab.org.uk/A02/mental_health_info_project/about_us/about_us.html

Macclesfield, Wilmslow, Poynton and Knutsford

Tel: **01625 428006**

Email: mhia@cecab-north.org.uk

Congleton, Sandbach, Crewe and Nantwich

Tel: **01270 303106**

Email: mhia@cecab.org.uk

Information and advice for people who are Deaf

Deafness Support Network

If you are D/deaf it can be very difficult for you to access the information and advice you need. Deafness Support Network (DSN) offers a one stop shop of information and advice for all ages using your preferred method of communication, for example British Sign Language.

Tel: **01606 47831**

Textphone: **01606 350823**

Email: dsn@dsnonline.co.uk

Web: www.dsnonline.co.uk

Information and advice for adults with a physical disability

Disability Information Bureau

If you are looking for information or confidential advice on a wide range of disability issues from sports and leisure to local support, the Disability Information Bureau's service can help you.

Tel: **01625 501759**

Email: info@dibservices.org.uk

Web: www.dibservices.org.uk

The Neuromuscular Centre

The Neuromuscular Centre has more specific information if you have a neuromuscular condition, and provides advice through its website, face to face or by home visits.

Tel: **01606 860911**

Email: matthew.lanham@nmcentre.com

Web: www.nmcentre.com

Early intervention and prevention services

Early intervention and prevention for older people

Audlem and District Community Action runs coffee clubs, befriending and home library services to help you if you are housebound or living alone. It also has a voluntary driving scheme to take you to appointments if you struggle to get there by yourself.

Tel: **07845 495973**

Email: ronni@chapelhouse.org

Web: www.audlem.org/newsroom/audlem-district-community-action.html

If you need a little extra help and live in Macclesfield and surrounding areas, Methodist Homes can offer you support including a teleprompt for important reminders, like taking medicine, telephone befriending, assisted pension collection and shopping.

Tel: **01625 612410**

Email: enquiries@mha.org.uk

Web: www.mha.org.uk

Wishing Well, which serves Crewe and the surrounding areas, can provide you with a range of social and learning opportunities, many run by volunteers from the local community.

Tel: **01270 256919** or **01270 253551**

Email: jessica.cole@cecpct.nhs.uk

Web: www.wishingwellproject.com

If you like singing and socialising, Crossroads Care runs social singing and reminiscence activities in Congleton, Macclesfield and Crewe.

Tel: **01260 292850**

Email: cheshireeast@carerstrust4all.org.uk

Web: www.carerstrust4all.org.uk

Cheshire Community Action's agents can help you to find out what is available to support you in your local area, including financial advice and community groups.

Tel: **01606 350042**

Web: www.cheshireaction.org.uk/our-services/community-agents

Early intervention and prevention for adults

The Bridgend Centre in Bollington has an open door policy, and is there to support you with information, help to fill in forms, health and education sessions and many more activities.

Tel: **01625 576311**

Email: info@bridgendcentre.org.uk

Web: www.bridgendcentre.org.uk

>>

>> Social activity group for adults with a disability

If you have a physical or learning disability and are aged 19 to 65, Cheshire Centre for Independent Living runs groups for you to become involved in activities such as photography or cooking and days out. All venues are fully accessible.

Tel: **01606 331853**

or **0845 3402777**

Email: **office@cheshirecil.org**

Web: **www.cheshirecil.org**

Support and activities for adults with a learning disability

Independent Advocacy's service for adults with a learning disability can support you to access services such as housing, healthcare, employment and education. It also arranges activities like sports or arts in the local community.

Tel: **01625 429922**

Email: **admin@ecadvocacy.co.uk**

If you live in the Wilmslow area, the Time Out Group holds drop-in evening sports sessions and social groups which look at financial training courses and employment skills workshops for adults with a learning disability.

Tel: **07845 968331**

Email: **miriamwild@hotmail.co.uk**

Web: **www.timeoutgroup.org.uk**

Financial support for adults with a physical disability

Do you worry about your financial situation? If you are over 18 and have a physical disability, the Disability Information Bureau's service will give you and your family practical support, helping you to understand your options and to stay out of financial crisis.

Tel: **01625 501759**

Email: **info@dibservices.org.uk**

Web: **www.dibservices.org.uk**

Support for adults with a neuromuscular condition

The Neuromuscular Centre specialises in giving advice and practical support to help with finding relevant services to understanding your housing options, home adaptations, personal budgets, accessing mutual support, and provides relaxation therapies.

Tel: **01606 860911**

Email: **matthew.lanham@nmcentre.com**

Web: **www.nmcentre.com**

Help with community care assessments for the D/deaf

As a D/deaf person it can be difficult to navigate through official systems. Deafness Support Network will support you to communicate with professionals and social workers, assisting you to complete assessments. This service is open to people of any age.

Tel: **01606 47831**

Textphone: **01606 350823**

Email: **dsn@dsnonline.co.uk**

Web: **www.dsnonline.co.uk**

Support for adults with a visual impairment

Iris Vision's service promotes eye health and supports you if you are living with sight loss. It provides a range of services including visual assessments, advice on equipment and social activities.

Tel: **01270 250316** Email: **info@iriscentre.org.uk**

Web: **www.iris-centre.co.uk**

Support for adults with a mental health condition

If you need to access advice and support, Making Space is specifically designed for adults with a mental health condition and their families. These include one-to-one support, access to education/training placements, drop-in sessions and workshops on topics that concern you.

Tel: **01606 786710**

Email: **jane.reeves@makingspace.co.uk**

Web: **www.makingspace.co.uk**

Day opportunities

This covers all opportunities for people whether it be in the day, evening or at the weekend. We want you to have more choice and control about what activities you do and to increase people's involvement in their local community. Up-to-date information on the large number of activities available can be found by calling **01625 378182** (North area) or **07768 987332** (South area) or by visiting the Cheshire East page of the Care Choices website **www.carechoices.co.uk**



Employment

Supported Employment offers support to people with disabilities to find or retain employment. Employment is a key ingredient for real social inclusion. We are committed to supporting people with disabilities to gain independence through work.

Tel: **01260 375468**

Email: **supportedemployment@cheshireeast.gov.uk**

Blue Badge Scheme

The Blue Badge Scheme is a national arrangement of parking concessions that allows badge holders to park close to their destination, either as the driver or passenger. The Blue Badge Scheme is also open to organisations that care for disabled people meeting the qualifying criteria.

Tel: **0300 123 5020**

Web: **www.cheshireeast.gov.uk/BlueBadges**

Do you look after someone?

In Cheshire East, around 40,000 people provide unpaid care or support to an adult family member or friend, either in their own homes or somewhere else. It can be difficult to recognise yourself as a carer; you might think you're just being a good friend, neighbour or spouse and are 'just doing your

job'. In reality, being a carer can be difficult and lonely at times. If you are in this position, a good place to start is with a Carer's Assessment. This is an opportunity to share your feelings and experience as a carer with a dedicated person who can help guide you towards the help and support you are entitled to.

Assessing your well-being

A Carer's Assessment will look at the different ways that caring affects your life and work out how you can carry on doing the things that are important to you and your family. Your physical, mental and emotional well-being will be at the heart of this assessment. As a result of the

assessment, you may be eligible for support. We will also offer you advice and guidance to help you with your caring responsibilities and maintain your own well-being. To find out more about a Carer's Assessments visit **www.eastcheshire.gov.uk** and search for 'carer's assessment'.

The right help at the right time

There is a range of support services which can help you in your caring role.

Cheshire and Warrington Carers Centre provide the three services below.

Freephone helpline: **0800 085 0307**

Email: **advice@cheshirecarerscentre.org.uk**

Web: **www.carers.org/Cheshire**

Carers' reablement service

If you are struggling to cope with your caring role, or finding that it is getting more demanding, this service is there to support you. The Carers Centre will work with you, looking at ways you can take a break and helping you to plan for the future.

Carer breaks

This is a regular opportunity to meet up with other carers at monthly group meetings or to take a relaxation break of your own with an individual relaxation session.

Information and advice for carers

The Carers Centre's freephone helpline is available Monday to Friday. They will answer your queries, provide a listening ear if you are feeling isolated and signpost you to relevant local and national agencies and services.

Carer breaks for carers of people with muscular dystrophy

This service provides regular breaks for carers of people with muscular dystrophy. You have the opportunity >>

>> to get involved in activities such as gardening and DIY, alternative therapy and carer counselling sessions.

For more information contact The Neuromuscular Centre
Tel: **01606 860911**
Email: **matthew.lanham@nmcentre.com**
Visit: **www.nmcentre.com**

Other carer breaks

A range of carer breaks can be provided, details of these can be found by visiting **www.cheshireeast.gov.uk** and searching for 'carer breaks'.

Carer training

Training is available for carers, including a Caring with Confidence course to help you in your caring role, one-off practical skills training sessions and personal development sessions. If you are interested in a different course, there is also a training opportunities fund that you can apply to for support to pay for this.

This is available through Cheshire and Warrington Carers Centre and Crossroads Care, Cheshire, Manchester and Merseyside.

Cheshire and Warrington Carers Centre
Freephone helpline: **0800 085 0307**
Email: **advice@cheshirecarerscentre.org.uk**
Web: **www.carers.org/Cheshire**

Crossroads Care, Cheshire, Manchester and Merseyside
Tel: **01260 292850**
Email: **cheshireeast@carerstrust4all.org.uk**
Web: **www.carerstrust4all.org.uk**

Carer support

The Alzheimer's Society provides information and support for anyone who cares for someone with any type of dementia. They can direct you to support from a number of organisations, and there are eight monthly dementia cafes across Cheshire East where you can come for mutual support.

There are branches in the north and south of the region.

North
Tel: **01625 503302** (north)
Email: **east-cheshire@alzheimers.org.uk**
Web: **www.alzheimers.org.uk**

South
Tel: **01270 501901** (south)
Email: **southcheshire@alzheimers.org.uk**
Web: **www.alzheimers.org.uk**

Carers' early intervention

If you are new to caring or have not had any support as a carer before, the In-Time service gives you the opportunity to discuss how caring is affecting you, and to complete an individual action plan.

For more information contact Crossroads Care Cheshire, Manchester and Merseyside

Tel: **01260 292850**
Email: **cheshireeast@carerstrust4all.org.uk**
Web: **www.carerstrust4all.org.uk**

Carers' employment support

The Careers Adviser can give you information, advice and support on employment, training and volunteering, helping you to stay in work, or to look for employment, volunteering or training opportunities.

For more information contact Greater Merseyside Connexions Partnership
Tel: **07791 333241**
Email: **nicola.holyoak@connexionslive.com**
Web: **www.connexionslive.com**

Carer's Alert Card for Emergencies (ACE)

What would happen if you were unable to care? When you sign up to this scheme, an emergency plan is agreed which provides detailed instruction for others to follow, giving you peace of mind.

For more information contact Peaks and Plains Housing Trust
Tel: **01625 428433**
Email: **trust@peaksplains.org**
Web: **www.trustlink.peaksplains.org**

Carers' Assessments

Making Space carries out and reviews Carers' Assessments for people aged 18 and over who care for someone with a mental health condition.

For more information contact Making Space
Tel: **01606 786710**
Email: **jane.reeves@makingspace.co.uk**
Web: **www.makingspace.co.uk**

NEED HELP IN YOUR SEARCH FOR CARE?

With so many providers to choose from, where do you start?

www.carechoices.co.uk
can help you out.

- search care providers quickly and easily
- search by postcode/town and care type
- information on standards of care
- links to the latest inspection reports
- extra information, photos and direct website links for hundreds of providers
- request a brochure
- checklists to take with you when you visit

www.carechoices.co.uk

Support to stay at home

Help in your home with maintenance and gardening

The Care and Repair service offers guidance to older people and people with a disability on carrying out repairs and adaptations in their own home. The service can offer help with many different jobs around the home, from fixing a dripping tap to building an extension.

Tel: **0300 123 5017** (select option 3) or **0300 123 5500**

Web: **www.cheshireeast.gov.uk/CareAndRepair**

The Home Safety service is part of Care and Repair. A team of handypersons is available who can provide 'that little bit of help' with jobs around the home for older and disabled people living in their own homes.

Tel: **0300 123 5017** (select option 3)

Web: **www.cheshireeast.gov.uk/HomeSafety**



Finding a contractor

Buy With Confidence provides details of local, reliable and reputable contractors to carry out housing repairs and maintenance.

Web: **www.buywithconfidence.gov.uk**

Adaptations to your home

If you or someone living in your property is disabled, you may qualify for a Disabled Facilities Grant towards the cost of adapting your home. Your occupational therapist or social worker and housing authority will work with you to assess what improvements and adaptations you may need in order to live more independently in your own home.

To arrange an assessment call **01625 374028**.

For more information on adapting your home

Tel: **0300 123 5017 (option 3)**

Email: **careandrepair@cheshireeast.gov.uk**

Visit: **www.cheshireeast.gov.uk/DFG**

Financial help for home adaptations

If you can't afford to pay for the home repairs and adaptations, we may be able to help you to find other ways to pay for the work, or provide financial assistance (depending on your circumstances). There is also a grant available if you need to move home because your home can't be adapted.

For more information on financial assistance to adapt your home

Tel: **0300 123 5017 (option 3)**

Email: **housingoptions@cheshireeast.gov.uk**

Visit: **www.cheshireeast.gov.uk/FinancialHelp**

Trading Standards

If you are a Cheshire East resident and wish to report a consumer related issue or complaint to Trading Standards, or to seek civil advice, contact The Citizens Advice Consumer Service.

Tel: **0345 404 0506**

To complete an online form visit

www.cheshireeast.gov.uk/TradingStandards

Aids for daily living (Assistive Technology)

Most people want to remain independent for as long as possible. The Cheshire Community Equipment Service provides advice and access to equipment to support people with disabilities and their carers to remain at home and be as independent as possible.

The Independent Living Centre (ILC) at Wilmslow is available to anyone who requires assessment and advice and there are also Advice Clinics available in the Crewe area.

Where appropriate, a variety of interventions including rehabilitation, equipment, minor and major adaptations can be provided in order to support your independence and to enable you to manage your needs within your own home.

Small equipment is available either on an equipment prescription from health or social care workers, or self purchase through accredited retailers across Cheshire East. People can top up to the cost of equipment if they prefer a higher specification. A list of these retailers is available on the Cheshire East section of the Care Choices website www.carechoices.co.uk



Telecare

Telecare is a piece of technology that can help you or your relatives to maintain your independence and to stay living at home safely. Telecare can help people with physical disabilities, memory problems, learning disabilities, mental health conditions and older people. It can help by reminding you of important things, making sure you get

help when you need it via the use of sensors, providing reassurance for your carers and relatives, and helping to keep you safe. There is a Telecare-contracted Response Service which provides an alert to a control centre in the event of an emergency. For more information visit www.cheshireeast.gov.uk/Telecare or call **0300 123 5070**.

Occupational Therapy Service

The Occupational Therapy Service provides advice and assessments for people living in their own home, and have physical functional difficulties. They provide advice and solutions such as equipment and adaptations.

You may be referred to these services following an assessment by a social care or health professional. For more information visit www.cheshireeast.gov.uk/OTService or call **0300 123 5070**.

Staying safe at home

Fire safety in your home

We have worked in partnership with Cheshire East Fire and Rescue to devise a number of safety tips to help keep you safe from fire and other dangers in your home. For more information and safety tips visit www.cheshirefire.gov.uk/public-safety

Message in a bottle

A free and simple way to ensure that essential information is readily available to the emergency services should you suffer an accident or sudden illness at home. Visit www.cheshireeast.gov.uk/MessageBottle or call **0300 123 5070** to see how it works.

Reablement services

Reablement is a period of short-term, intensive support that is designed to help you manage independently following a period of illness or a fall, or if you have lost some of the skills you need to maintain your independence. Following the support many people will not require any further assistance, however if you do, a care and support plan will be developed. You may be referred to these services following an assessment by a social care or health professional. For more information visit

www.cheshireeast.gov.uk/Reablement

Together with our health partners we also offer a Mental Health Reablement Service. The support will focus on coping techniques, promoting social inclusion, building self-esteem,

goal setting and can refer to other support services. You may be referred to these services following an assessment by a social care or health professional. For more information visit **www.cheshireeast.gov.uk/MHReablement**

Cheshire East is launching a new Dementia Reablement Service in May 2015. The new service will offer support to individuals - in the early stages of dementia following a formal diagnosis - to manage independently, and to families and carers to take positive steps to ensure they continue to lead a good quality of life.

For more information and contact details visit **www.cheshireeast.gov.uk/DementiaReablement** or call **0300 123 5070**.

Home care (domiciliary care)

Home care (domiciliary care) is practical help with your personal care which can be provided in your own home to enable you to remain independent and improve your quality of life. This is usually help with day-to-day personal tasks which could include getting up, dressing, washing, going to bed and help with eating. The amount and type of support you receive depends on what is decided

following an assessment of your needs.

Regardless of whether you are paying for your own care or not, you can choose who provides this service for you.

For more information, contact this Directory's independent helpline, call **0800 389 2077**. Providers of home care are listed on pages 30 to 32.

Shared Lives

This service offers long-term respite or day support for people either within the Shared Lives Carer's own family home or in the service user's home. The person can either live with the family permanently, or go to stay with them for overnight short breaks, or for a few hours per week. The Shared Lives Scheme is available to any vulnerable adult over 18 years old, who meets Cheshire East Council's

eligibility criteria.

If you would like to live in a Shared Lives home and be cared for by a Shared Lives carer, or to become a Shared Lives carer, then you (or a family member, relative, friend, neighbour or any other adult) should call **01260 375456** or email **sharedlivesservice@cheshireeast.gov.uk** or visit **www.cheshireeast.gov.uk/SharedLives**

Living with dementia

If you are worried that your memory – or that of someone you know – is getting noticeably worse, or if memory loss is beginning to effect everyday life, it is worth seeking advice. That's because memory problems can sometimes be an early sign of a medical condition such as dementia.

You should first visit your GP, who will listen to your concerns. You may be referred to a local memory clinic where a formal diagnosis can be made. Bear in mind that there are many reasons for memory loss other than dementia. However, it is best to seek help as early as

possible as there may be support or treatment available that can help you.

Cheshire East is launching a new Dementia Reablement Service in May 2015. The new service will offer support for individuals - in the early stages of dementia following a formal diagnosis - to manage independently, and for families and carers to take positive steps to ensure they continue to lead a good quality of life. For more information and contact details visit **www.cheshireeast.gov.uk/DementiaReablement** or call **0300 123 5070**.

Housing with care

Registered Social Landlords operating in Cheshire East area

Registered Providers (RPs) provide social housing across Cheshire East. This housing is generally accessed by applying via Cheshire Homechoice.

Tel: **0300 123 5017 (option 1)**

Web: **www.cheshirehomechoice.org.uk**

Some of these providers also offer supported short-term housing under contract to Cheshire East. To apply for this housing you will need a referral - contact the Council for advice, call **01625 378219**.

Supported living

Supported living is designed to help people live more independently in their local community. In supported living accommodation, housing and support are provided separately, and the customer has a licence or tenancy. Support can vary from a few hours a week up to 24 hours

a day, depending on assessed needs. There are several different models of supported living, such as living in shared houses, or living in individual tenancies in the community.

For more information call **0300 123 5010**.

Sheltered housing

Sheltered housing is predominately for people aged 55 and over or for people with a medical need for this type of housing. A sheltered housing scheme consists of individual apartments with their own front door enabling people to live independently. Each scheme will have different facilities which can include 24-hour emergency response, communal areas and optional social events, and is available to both buy and rent. If you are looking for a property in Cheshire East many of the large housing associations

advertise their properties on Cheshire Homechoice. Cheshire Homechoice will be happy to discuss your options and help you with any application forms.

Tel: **0300 123 5017 (option 1)**

Email: **cheshirehomechoice@cheshireeast.gov.uk**

Web: **www.cheshirehomechoice.org.uk/Data/ASPPages/1/208.aspx**

Extra Care housing

Extra Care housing supports people aged 55 and over who may require 24-hour support to live independently in their own home. Schemes consist of individual apartments; most provide communal facilities and hold regular social activities. There are six Extra Care schemes in Cheshire East run by Housing Associations and other

schemes that are run privately.

Tel: **0300 123 5010**

Web: **www.cheshireeast.gov.uk/ExtraCareHousing**

You can also visit **www.housingcare.org**



Residential and nursing homes

Sometimes living at home is no longer an option and the time comes to consider other care options. All care providers in the country must be registered with the Care Quality Commission. All services are inspected by the Commission, who report on their findings. These inspection reports along with new quality ratings are available from the care home or the Care Quality Commission website at **www.cqc.org.uk**

There are two types of care home which are available for people who are no longer able to live independently in their own home.

Residential care homes (personal care only) - If you need care and support on a 24-hour basis but you have no nursing needs, a care home offering only personal care may be the best option. Personal care includes bathing, feeding, dressing and help with moving.

Nursing homes - This kind of home is suitable for those needing nursing care, where your care, support and

nursing needs will be delivered by qualified nursing staff alongside care workers. Nurses are on duty around the clock.

In addition, both residential and nursing care homes can provide specialist care and support for people with a range of illnesses and conditions, such as dementia.

The decision to move into a residential or nursing care home should only be made when all other options for remaining at home have been considered and tried. Once it is established that your care and support will be most appropriately provided for in a care home, there are a number of questions that you will want answering before making a final decision about which care home you will choose.

Visit **www.cheshireeast.gov.uk/ChooseCareHome** to see further advice.

For more information call **0300 123 5010**.

WHAT ARE THE CARE OPTIONS?
HOW WILL I KNOW WHICH TO CHOOSE?
WHAT IF MUM DOESN'T AGREE?

VISIT THE NEW CARE SELECT WEBSITE **WWW.CARESELECT.CO.UK**

CARE *select*

CALL CARE SELECT FOR MORE INFORMATION:
0800 389 2077

Home 1 £ p/w

Home 2 £ p/w

Home 3 £ p/w

First impressions

- 1 2 3
- Were you met when you first arrived? ☐ ☐ ☐
 - Do staff seem warm, friendly and polite? ☐ ☐ ☐
 - Do the residents seem happy, active and sociable? ☐ ☐ ☐
 - Does the home feel comfortable and welcoming? ☐ ☐ ☐
 - Is the home fresh, clean and well-furnished? ☐ ☐ ☐

Fees

- 1 2 3
- How much are the fees? (Insert above) ☐ ☐ ☐
 - Do the fees cover all the services available? ☐ ☐ ☐
 - Under what circumstances will the fees alter – e.g. annually or according to increasing needs? ☐ ☐ ☐
 - Is the notice to terminate reasonable? ☐ ☐ ☐

Transport

- 1 2 3
- Is the home easy to get to for relatives and friends? ☐ ☐ ☐
 - Does the home provide its own transport? ☐ ☐ ☐

Accommodation

- 1 2 3
- Are bedrooms single or shared? Is there a choice? ☐ ☐ ☐
 - Can you decorate and re-arrange your room to suit yourself? ☐ ☐ ☐
 - Can you bring your own furniture and TV? ☐ ☐ ☐
 - Is there a call system for emergencies? ☐ ☐ ☐
 - Are there enough sockets in your room? ☐ ☐ ☐
 - Can you control the heating in your room? ☐ ☐ ☐
 - Can you lock your room and is there a secure place for valuables? ☐ ☐ ☐
 - Is there a separate dining room? Bar? ☐ ☐ ☐
 - Are there toilet facilities within easy reach of the communal facilities? ☐ ☐ ☐
 - Are there both showers and baths? ☐ ☐ ☐
 - Are bathrooms adapted to help people in and out of the bath? ☐ ☐ ☐

Accessibility

- 1 2 3
- Does the home have the right adaptations and equipment to meet your needs? ☐ ☐ ☐
 - Are all areas accessible for wheelchair users? ☐ ☐ ☐
 - Does the home have extra wheelchairs and walking aids? ☐ ☐ ☐
 - Is there adequate provision for people with sight or hearing difficulties? ☐ ☐ ☐

Life within the home

- 1 2 3
- Are there any rules and restrictions (e.g. going out, time of return etc)? ☐ ☐ ☐
 - Can you choose when to get up and retire every day? ☐ ☐ ☐
 - How are residents involved in decisions about life in the home? ☐ ☐ ☐
 - Is there a telephone where you can make and take calls in private and comfort? ☐ ☐ ☐
 - Is alcohol served or permitted? ☐ ☐ ☐

- Are there smoking and non-smoking areas? ☐ ☐ ☐
- Are there arrangements for religious observance? ☐ ☐ ☐
- Can you handle your own money? ☐ ☐ ☐
- If not, what arrangements are in place? ☐ ☐ ☐
- Does a hairdresser/chiropractor visit? ☐ ☐ ☐
- Are residents accompanied on visits to the GP or hospital? ☐ ☐ ☐

Staff

- 1 2 3
- Do the staff appear clean, cheerful and respectful? ☐ ☐ ☐
 - Do the staff talk to residents and how do they talk to them? ☐ ☐ ☐
 - Are the staff formally trained? ☐ ☐ ☐
 - Is there an adequate number of staff on day and night? ☐ ☐ ☐

Visitors

- 1 2 3
- Are visitors welcome at all times? ☐ ☐ ☐
 - Is there somewhere to see them in private? ☐ ☐ ☐
 - May your visitors join you at meals? ☐ ☐ ☐
 - Can your visitors stay overnight? ☐ ☐ ☐

Food

- 1 2 3
- Do you have a choice about meals? ☐ ☐ ☐
 - Is the food varied and interesting? ☐ ☐ ☐
 - Can the home cater for your dietary needs? ☐ ☐ ☐
 - Can you have snacks or drinks any time of the day or night? ☐ ☐ ☐
 - Can you eat in your room? ☐ ☐ ☐

Activities

- 1 2 3
- Can you continue to pursue your hobbies and interests? ☐ ☐ ☐
 - Are there organised activities and entertainment? ☐ ☐ ☐
 - Are outings and holidays arranged? ☐ ☐ ☐
 - How much do they cost? £..... £..... £..... ☐ ☐ ☐
 - Are escorts available if necessary? ☐ ☐ ☐
 - Is a library service available? ☐ ☐ ☐
 - Can you have your own flower bed or help in the garden? ☐ ☐ ☐
 - Can you stay in your own room if you want to? ☐ ☐ ☐

Gardens

- 1 2 3
- Are the grounds/gardens attractive? ☐ ☐ ☐
 - Are all areas safe and accessible? ☐ ☐ ☐
 - Is there somewhere to sit? ☐ ☐ ☐
 - Are they quiet? ☐ ☐ ☐

Contract terms

- 1 2 3
- Can you retain your own room if away? ☐ ☐ ☐
 - Can you have a short-stay or trial period? ☐ ☐ ☐
 - Will you be given a statement of terms on admission? ☐ ☐ ☐
 - Are all procedures, such as complaints, clearly spelt-out? ☐ ☐ ☐

Inspection and registration of care services

The Care Quality Commission (CQC) registers, inspects and reviews all adult social care and healthcare services in England in the public, private and voluntary sectors. This includes care homes, care homes with nursing, home care agencies and NHS services, amongst others. When considering a care home, a care home with nursing or home care agency, it's always a good idea to check their inspection reports on the CQC's website: **www.cqc.org.uk**. The CQC has also started publishing quality ratings.

For any enquiries or to register a concern or a complaint, contact the CQC.

Tel: **03000 616161** Email: **enquiries@cqc.org.uk**

The Care Quality Commission,
Citygate, Gallowgate,
Newcastle upon Tyne
NE1 4PA

What happens if I ask for an assessment from adult social care?

If you (or someone you care for) have a health condition or disability and are finding it difficult to cope with everyday living tasks, then you may need some additional support to help you. This Directory has been designed to give you information on the services which are available in the community to help you to stay healthy and independent. For some people they may need extra help in knowing what support they need. An assessment can

be requested from Adult Social Care. The assessment may result in giving you advice or signposting you to services which can provide you with support.

The assessment will identify whether you have care and support needs which the Council can help you with. This help may include financial support. After carrying out your assessment, we will work with you to identify if you have any needs that are eligible for care and support.

Eligibility for care and support from the Council

From April 2015, the Government is introducing new national eligibility criteria for care and support arranged by the Council to ensure everyone has the same opportunity to access care. This means that you will be eligible for support from the Council if you meet all of the following criteria:

- You have care and support needs as a result of a physical or mental condition or illness;
- As a result of these needs, you are unable to achieve two or more outcomes (as specified in the regulations). For instance, being able to wash or use your home safely; and
- There is a significant impact on your well-being.

If you think you may need care and support, contact Cheshire East Council for an assessment of your needs, call **0300 123 5010**. An assessment is how we look at whether you have needs for care and support to help you live your day-to-day life. A trained assessor will work with you to carry out the assessment considering a number of factors such as your needs and how they impact on your well-being, the outcomes that matter to you, whether

you are lonely and want to make new friends, and your other circumstances, for example, whether you live alone without support.

The aim is that you will be at the centre of the process and we will gain a full picture of what your wishes, needs and goals are. You may wish for someone to be present with you, such as a member of your family. Following your assessment, Cheshire East Council will give you advice and information about what support is available in the community to help you, and we will work with you to identify if you have any needs that are eligible for care and support arranged by the Council.



Planning your support

If you are eligible for support from the Council, we will work with you to prepare a care and support plan. This will consider your needs and what is important to you and your family, and how best to meet your needs. We will look at what you want to achieve, what you can do yourself, whether you have support already in place and what types of care and support might be available to help you. You will also know

how much it will cost to meet your needs, including how much Cheshire East Council will contribute towards the cost.

Support planning can take time so Cheshire East Council will arrange care and support for you for short periods of time in urgent situations, whilst developing a longer term support plan with you for when your situation has settled.

Advocacy / Someone to speak on your behalf

As part as the assessment process the Council will assess whether you require someone to speak on your behalf. The following independent advocacy services are available to provide this help:

- General advocacy;
- Independent Mental Capacity Advocacy service; and
- Independent Mental Health Advocacy.

For more information on all these services, contact Cheshire Independent Advocacy Services (Lead Age UK).

Tel: **01606 305004** or **01606 881660**

Email: **advocacy@ageukcheshire.org.uk**

What is a personal budget?

A personal budget is the amount of money that is available to be spent on your care following your social care needs assessment. You can choose to receive your budget as a cash payment so that you can buy the care and support you need yourself. This is called a Direct Payment. Alternatively, the Council can arrange your care and support for you.

What can I spend my Direct Payment on?

Your Direct Payment could be used to pay someone to support you, such as a support worker or personal assistant, or purchase support through a service provider of your choice. It can be used to facilitate other ways of meeting your needs such as joining a group in your local community or pooling money together in a group to fund activities that meet the needs outlined in your care and support plan.

What will I be responsible for?

Direct Payments give you control of the support you receive. However, you will also have the responsibilities that come with managing a budget and potentially becoming an employer.

If you feel you are unable to manage the day-to-day financial responsibilities of a Direct Payment, then you can nominate someone else (a nominee) or you can opt for a 'managed account', whereby a third party manages all

aspects of your Direct Payment and financial monitoring (at a cost to you) on your behalf.

What support is available to help me to organise services with my Direct Payment?

The Cheshire Centre for Independent Living and Age UK Cheshire can help you to arrange services or employ a personal assistant paid for by your personal budget, assist with paperwork and provide information and advice on directing your own care.

For people under 65, contact Cheshire Centre for Independent Living.

Tel: **01606 331853** or **0845 340 2777**

Email: **office@cheshirecil.org**

Visit: **www.cheshirecil.org**

For people aged 65 and over, contact Age UK Cheshire.

Tel: **08450 530 280**

Email: **brokereast@ageukcheshire.org.uk**

Visit: **www.ageuk.org.uk/cheshire**



Paying for care

Will I have to pay for my care?

In England, social care services must be paid for by the person receiving care, so you should expect to pay the

full cost of care services unless your assets, savings and income are very low.

How much will I have to pay?

The amount you will have to pay depends on the type of help you need and the savings and income that you have. There are three levels: if you have income and savings of more than £23,250, you will need to pay the full cost of your care; if your income and savings are between £14,250 and £23,250, you will need to pay a contribution towards your care; and if you have less than £14,250, you may not have to pay anything.

This is worked out between you and the Council

through a financial assessment. The Council will start your financial assessment using data it holds or can access through the Department for Work and Pensions. It may involve a telephone call and could also involve looking at any disability benefits that you might receive.

Some changes to paying for care are being brought in by the new Care Act. However, these do not come into place until 2016.

Deferred payments

A deferred payment agreement is an arrangement with the Council that will enable people to use the value of their homes to help pay care home costs, rather than having to sell their home. If you are eligible, we will help to pay your care home bills on your behalf. You can delay repaying us until you choose to sell your home, or until

after your death.

To find out more about who is eligible for a deferred payment agreement, how to apply and further information on how the scheme operates, call **0300 123 5010**, email **careact@cheshireeast.gov.uk** or visit **www.cheshireeast.gov.uk/DeferredPayments**

Independent financial advice

For information about how to find independent financial advice or if you have any issues or questions about a financial service or product, contact the Financial Conduct Authority

Freephone: **0800 111 6768**

Tel: **0300 500 8082**

Email: **consumer.queries@fca.org.uk**

The Financial Services Register is a public record of all the firms and individuals in the financial services industry. For more information visit **www.fca.org.uk/register**

The Citizens Advice Bureau can also provide independent financial advice.

Tel: **0344 411 1444**

Recorded information is also available at any time of day or night.

Web: **www.cecab.org.uk**

Web: **www.cecab-north.org.uk**

Advice Cheshire East (ACE) can also provide advice.

Email: **info@adviceCE.org.uk**

Web: **www.advicece.org.uk**



Protecting adults from harm / Keeping people safe

What is adult abuse?

Adult abuse is when a person is treated in a bad way or in a way that harms, hurts, exploits them or makes them feel frightened or unhappy. Anyone can be vulnerable to abuse at any time in their lives. Men and women, rich and poor, from any ethnic background can be at risk.

Abuse is not always deliberate. It sometimes happens when people are trying to do their best but feel stressed. Or they don't know what to do because of a lack of knowledge, training or understanding.

Who can abuse?

Anyone can abuse someone. This could be someone that a person knows or a stranger. It can be one person or a group of people.

Where does abuse happen?

Abuse can happen anywhere, in someone's own home, at work, at a day centre, at college, in hospital, in residential care or nursing homes, at a club or social event. No matter where you are, you shouldn't suffer abuse. If you or someone you know is being abused, there are people you

can talk to about it. Contact us on the number below.

What might you be concerned about?

You may be concerned that a person is not getting the help or care they need, is being hurt, bullied, frightened or intimidated, being taken advantage of, or exploited because of their age, disability or illness, being made to do something against their will or not being treated in a dignified or respectful manner.

What should I do if I am concerned?

If you or someone you know is being abused, we can help. Please contact us. We will work with you and listen to you.

Adult Social Care

Tel: **0300 123 5500**

If you are in any doubt about whether it is abuse or not - please call. In cases of an emergency dial **999**.

The Care Act and Making Safeguarding Personal

The Care Act 2014 means that there are major changes in Safeguarding Adults – it is all about Making Safeguarding Personal. The change starts from 1st April 2015. Making Safeguarding Personal puts you more in control of your own safeguarding and generates a more person-centred set of outcomes.

The key focus is to develop a real understanding of what you wish to achieve, recording your desired outcomes and

then seeing how well these have been met.

If you tell us about a concern about yourself or someone else being abused, we promise to listen to you, understand your views and wishes, take you seriously, treat you with respect, support you to feel as safe as you want, support you to make your own decisions, to keep you informed and involved and to tell you what will happen next.

Complaints and compliments

We want you to tell us what you think about our services; we like to know when we are getting things right, but we also need to know when there are problems. If we have made mistakes, or could have done things better, please tell us by either using the online form which can be found at **www.cheshireeast.gov.uk/CustomerFeedback** or call **0300 123 5038** or write to us at:

Compliance and Customer Relations Team,
Cheshire East Council,
Westfields,
c/o Municipal Buildings,
Earle Street,
Crewe CW1 2BJ

Useful national contacts

Alcoholics Anonymous

AA is concerned solely with the personal recovery and continued sobriety of individual alcoholics who turn to the Fellowship for help.

Tel: **0845 769 7555**

Web: **www.alcoholics-anonymous.org.uk**

Alzheimer's Society

The charity provides support for anyone concerned about someone experiencing memory loss or dementia.

Tel: **0300 222 1122** Web: **www.alzheimers.org.uk**

Care Quality Commission

The independent health and adult social care regulator. Its job is to make sure health and social care services provide people with safe, effective, compassionate, high-quality care and encourage them to improve.

Tel: **03000 616161** Web: **www.cqc.org.uk**

CRUSE

This is a national organisation providing information and bereavement support.

Tel: **0844 477 9400**

Web: **www.crusebereavementcare.org.uk**

National Drugs Helpline

A confidential helpline for anyone in the UK concerned about drug use.

Tel: **0800 776 600** Web: **www.talktofrank.com**

NHS Choices

Information about local health services and health conditions.
Web: **www.nhs.uk**

Relate

Relationship counselling.

Tel: **0300 100 1234** Web: **www.relate.org.uk**

The Samaritans

Tel: **0845 790 90 90** Web: **www.samaritans.org**

Saneline

A telephone helpline for people affected by mental illness, available from 6pm to 11pm every day of the year.

Tel: **0845 767 8000**

Shelter

Produces a number of guides on housing issues, covering topics such as housing rights, housing benefits, private tenants' rights, tenancy agreements etc. They also run a free telephone help and advice line.

Tel: **0808 800 4444** Web: **www.shelter.org.uk**

Stroke Association Helpline

The Stroke Association supports stroke survivors, family members, friends and work colleagues of someone who has had a stroke, or people who want to know how to prevent a stroke.

Tel: **0303 303 3100** Web: **www.stroke.org.uk**

Women's Aid

(National Domestic Violence Helpline)

Women's Aid is the national charity for women and children working to end domestic abuse.

Tel: **0808 200 0247**

Web: **www.womensaid.org.uk**

Commissioned Services

Early Intervention and Prevention Services

Audlem and District Community Action (ADCA)

Hankelow Methodist Church, 11 Old School Lane,
Hankelow, Crewe CW3 0JN

Tel: **07845 495973**

Email: **ronni@chapelhouse.org**

Web: **www.audlem.org/newsroom/audlem-district-community-action.html**

People aged over 50.

Supports older people with coffee clubs, befriending, volunteer driving to appointments and home library services.

Bridgend Centre

104 Palmerston Street, Bollington, Cheshire SK10 5PW

Tel: **01625 576311**

Email: **info@bridgendcentre.org.uk**

Web: **www.bridgendcentre.org.uk**

All client groups over 18.

Provides community support including drop in services, form filling, information provision, health and education sessions.

Cheshire Centre for Independent Living (CCIL)

Sension House, Denton Drive, Northwich CW9 7LU

Tel: **01606 331853** or **0845 340 2777**

>>

>> Email: office@cheshirecil.org

Web: www.cheshirecil.org

Physically disabled and learning disability aged 18 to 65

Weekly social activity group in fully accessible venues.

Cheshire Community Action

Suite G7, Ground Floor, Northwich Business Centre,

Meadow Street, Northwich CW9 5BF

Tel: **01606 350042**

Carol Weaver, Community Agent South

Tel: **07825 291958**

Email: carol.weaver@cheshireaction.org.uk

Lisa Gordon, Community Agent South

Tel: **07823 325766**

Email: lisa.gordon@cheshireaction.org.uk

Alyssa Baines, Community Agent Centre

Tel: **07901 787272**

Email: alyssa.baines@cheshireaction.org.uk

Kelly Druce, Community Agent North

Tel: **07825 296091**

Email kelly.druce@cheshireaction.org.uk

Older people aged 55 and over.

Signposting and support service including financial awareness, community-based activities, drop-in sessions and information and advice to access other services.

Crossroads Care – Cheshire, Manchester and Merseyside

Overton House, West Street, Congleton CW12 1JY

Tel: **01260 292850**

Email: cheshireeast@carerstrust4all.org.uk

Web: www.carerstrust4all.org.uk

Older people over 50.

Provides social drop-in reminiscence activities and music/singing social activities in Congleton.

Deafness Support Network (DSN)

144 London Road, Northwich, Cheshire CW9 5HH

Head office Tel: **0808 2082440**

Northwich Tel: **01606 47831**

Textphone: **01606 350823**

Email: dsn@dsnonline.co.uk

Web: www.dsnonline.co.uk

Children and adults who are D/deaf, their families and carers.

Support service providing assistance with community care assessments, specialist assessments, assisting with communication and rehabilitation including mobility and life skills.

Disability Information Bureau (DIB)

Pierce Street, Macclesfield, Cheshire SK11 6ER

Tel: **01625 501759**

Email: info@dibservices.org.uk

Web: www.dibservices.org.uk

Physically disabled adults, their families and carers.

Support service providing practical financial support to keep people out of financial crisis including benefit checks, form filling, better off in work calculations and training.

Independent Advocacy (Cheshire)

Sension House, Denton Drive, Northwich, Cheshire CW9 5HB

Tel: **01625 429922**

Email: dave.corp@independent-advocacy.org.uk

Adults with a learning disability aged over 18.

Provides support to access services related to housing, healthcare, employment, education and community activities.

IRIS Vision

14 Chapel Street, Crewe, Cheshire CW2 7DQ

Tel: **01270 250316**

Email: info@iriscentre.org.uk

Web: www.iris-centre.co.uk

Visually disabled adults aged over 18.

Provides general advice and information, transcript services, visual assessments, social/educational activities, access to counselling, benefits and housing advice.

Making Space

Waterside House, Navigation Road, Northwich, Cheshire CW8 1BE

Tel: **01606 786710**

Mobile: **07843268001** (Jane Reeves)

Email: jane.reeves@makingspace.co.uk

Web: www.makingspace.co.uk

Adults with mental health needs including dementia and carers.

Support service including 1:1 support, information and advice, emotional and practical support, drop-in sessions and access to education / training placements.

Methodist Homes (MHA)

Live at Home Manager, Macclesfield and District Live at Home Scheme, Westminster Road SK10 1BX

Tel: **01625 612410**

Email: enquiries@mha.org.uk

Web: www.mha.org.uk

Adults over 50.

Support service including teleprompt, medication/meal reminders, telephone befriending, assisted pension collection, shopping and pop up/dementia cafés.

Neuromuscular Centre (NMC)

Woodford Lane West, Winsford, Cheshire CW7 4EH

Tel: **01606 860911**

Email: matthew.lanham@nmcentre.com

Web: www.nmcentre.com

Adults over 18 with neuromuscular conditions, their families and carers.

Support service including advice on home adaptations, personal budgets, treatments / therapies and bereavement support.

Time Out Group

11 Heyes Lane, Alderley Edge, Cheshire SK9 7LA

Tel: **0784 596 8331**

Email: miriamwild@hotmail.co.uk

Web: www.timeoutgroup.org.uk

Adults with a learning disability aged over 18.

Social leisure and learning activities including drop-in sports sessions, financial training, employment skills and networking groups.

Wishing Well

Jubilee House, St Paul's Street, Crewe CW1 2QA

Tel: **01270 256919** or **01270 253551**

Email: jessica.cole@cecpct.nhs.uk

Web: www.wishingwellproject.com

Adults over 50.

Social activities group to improve the health and well-being of local people providing a range of social and learning activities.

Information and Advice Services

ACE (Advice Cheshire East)

Tel: **01260 2883583**

Adults over 18.

Information and advice service on the Care Act via a dedicated Care Act telephone helpline, including the choice of types of care and support available, the choice of providers, how to access the care and support, how to access independent financial advice, support individuals to understand the financial implications of the Act, and how to raise concerns about the safety or well-being of an adult who has needs for care and support.

Age UK Cheshire

314 Chester Road, Hartford, Northwich CW8 2AB

Tel: **01606 881 660**

Email: admin@ageukcheshire.org.uk

Web: www.ageuk.org.uk/cheshire

Adults over 50, their families and carers.

Information and advice service to assist at times of change including retirement, bereavement, discharge from hospital by phone, online or by home visit.

Age UK Cheshire East

Head Office, New Horizons Centre, Henderson Street, Macclesfield SK11 6RA

Tel: **01625 612958**

Email: enquiries@ageukcheshireeast.org

Web: www.ageuk.org.uk/cheshireeast

Adults over 50, their families and carers.

Information and advice service to assist at times of change including retirement, bereavement, discharge from hospital by phone, online or by home visit.

Alzheimer's Society

Springbank Centre, Victoria Road, Macclesfield, Cheshire SK10 3LS

Tel: **01625 503302**

Email: east-cheshire@alzheimers.org.uk

Electra House, Electra Way, Crewe Business Park, Crewe CW1 6GL

Tel: **01270 501901**

Email: southcheshire@alzheimers.org.uk

Web: www.alzheimers.org.uk

Adults with any type of dementia and their carers.

Information service detailing support available through an electronic bulletin and peer support groups.

Cheshire East Citizens Advice Bureau

50 Victoria Street, Crewe, Cheshire CW1 2JE

Tel: **01270 303106**

Web: www.cecab.org.uk

Adults over 18.

Provides free confidential and independent advice and information on a wide range of subjects including finances, housing and relationships.

Cheshire East North Citizens Advice Bureau

Sunderland House, Sunderland Street, Macclesfield SK11 6JF

Tel: **01625 428006**

Web: www.cecab-north.org.uk

Adults over 18.

Provides free confidential and independent advice and information on a wide range of subjects including finances, housing and relationships.

Cheshire East Citizens Advice Bureau

50 Victoria Street, Crewe, Cheshire CW1 2JE

Tel: **01270 303106**

Email: mhia@cecab.org.uk

Adults over 18 with a mental health condition.

>>

>> Provides information and advice on stress, anxiety, depression and where to go for help and support.

Cheshire East North Citizens Advice Bureau

Sunderland House, Sunderland Street, Macclesfield SK11 6JF
Tel: **01625 428006**

Email: mhia@cecab-north.org.uk

Web: www.cecab.org.uk/A02/mental_health_info_project/about_us/about_us.html

Adults over 18 with a mental health condition.

Provides information and advice on stress, anxiety, depression and where to go for help and support.

Deafness Support Network

144 London Road, Northwich, Cheshire CW9 5HH

Head Office Tel: **0808 208 2440**

Northwich Office Tel: **01606 47831**

Textphone: **01606 350823**

Email: dsn@dsnonline.co.uk

Web: www.dsnonline.co.uk

Children and adults who are D/deaf, their families and carers.

Provides a one-stop-shop for information and advice including translating, explaining letters, free use of internet and training support for IT.

Disability Information Bureau (DIB)

Pierce Street, Macclesfield, Cheshire SK11 6ER

Tel: **01625 501759**

Email: info@dibservices.org.uk

Web: www.dibservices.org.uk

Physically disabled adults, their families and carers.

Provides information and advice through helplines, face to face appointments, and drop-in sessions, social media and websites.

Neuromuscular Centre (NMC)

Woodford Lane, West Winsford, Cheshire CW7 4EH

Tel: **01606 860911**

Email: matthew.lanham@nmcentre.com

Web: www.nmcentre.com

Adults over 18 with neuromuscular conditions, their families and carers.

Information and advice including face-to-face, home visits, workshops, leaflets and online advice forums.

Services for Carers

Alzheimer's Society

Springbank Centre, Victoria Road, Macclesfield, Cheshire SK10 3LS

Tel: **01625 503302**

Email: east-cheshire@alzheimers.org.uk

Electra House, Electra Way, Crewe Business Park, Crewe CW1 6GL

Tel: **01270 501901**

Email: southcheshire@alzheimers.org.uk

Web: www.alzheimers.org.uk

Adults with any type of dementia and their carers.

Information and support through monthly dementia cafes, befriending service, advisers, and bulletins and peer support groups.

Cheshire & Warrington Carers Centre

146 London Road, Northwich, Cheshire CW9 5HH

Freephone: **0800 085 0307** Office Tel: **01270 257331**

Email: advice@cheshirecarerscentre.org.uk

Web: www.carers.org/cheshire

Carers who are aged over 18.

Provides intensive support including carer breaks, carer training and information and advice for carers.

Crossroads Care – Cheshire, Manchester and Merseyside

Overton House, West Street, Congleton CW12 1JY

Tel: **01260 292850**

Email: cheshireeast@carerstrust4all.org.uk

Web: www.carerstrust4all.org.uk

Carers who are aged over 18.

Offers tailor-made training sessions through community-based assessment, information, support and advocacy service for carers who are new to caring or who have not accessed any support before.

Greater Merseyside Connexions Partnership

Head Office, Strand House, 21 Strand Street, Liverpool L1 8LT

Tel: **07791 333241**

Email: nicola.holyoak@connexionslive.com

Web: www.connexionslive.com

Carers who are aged over 18.

Provides information, advice and support to carers on employment, training and volunteering and supported work experience placements.

Making Space

Waterside House, Navigation Road, Northwich, Cheshire CW8 1BE

Tel: **01606 786710**

Mobile: **07843 268001** (Jane Reeves)

Email: jane.reeves@makingspace.co.uk

Web: www.makingspace.co.uk

Carers who are aged over 18.

Carries out carers' assessments for people who care for someone with a mental health condition.

Neuromuscular Centre (NMC)

Woodford Lane West, Winsford, Cheshire CW7 4EH

Tel: **01606 860911**

Email: matthew.lanham@nmcentre.com

Web: www.nmcentre.com

People 18 and over with Neuromuscular conditions and their families/carers.

Provides regular breaks for carers through activities such as gardening and DIY, alternative therapy and carer counselling sessions.

Peaks and Plains Housing Trust

Ropewalks, Newton Street, Macclesfield SK11 6QJ

Tel: **01625 428433**

Email: trust@peaksplains.org

Web: www.trustlink.peaksplains.org

All carers.

Provides an Alert Card for Emergencies (ACE) scheme where an emergency plan is agreed and an emergency contact number is given.

Advocacy Services

Independent Mental Capacity Advocacy (IMCA)

Cheshire Independent Advocacy Services (Lead Age UK)

314 Chester Road, Hartford, Northwich CW8 2AB

Tel: **01606 305004** (Direct Line)

Tel: **01606 881660** (General Switchboard)

Fax: **01606 881667**

Email: advocacy@ageukcheshire.org.uk

This service is available to vulnerable people aged 18+ who lack the capacity to make certain important decisions.

Gathers information and provides support to the person, as well as representing their wishes, feelings, beliefs and values during decision making processes.

Advocacy Services

Independent Mental Health Advocacy (IMHA)

Cheshire Independent Advocacy Services (Lead Age UK)

314 Chester Road, Hartford, Northwich CW8 2AB

Tel: **01606 305004** (Direct Line)

Tel: **01606 881660** (General Switchboard)

Fax: **01606 881667**

Email: advocacy@ageukcheshire.org.uk

This service is available to people who are 18+ and meet the eligibility criteria under the Mental Health Act 1983 (as amended by the Mental Health Act 2007).

Helps people obtain information and understand the legislation relating to them and the rights that this provides both them and other people.

General Advocacy

Cheshire Independent Advocacy Services (Lead Age UK)

314 Chester Road, Hartford, Northwich CW8 2AB

Tel: **01606 305004** (Direct Line)

Tel: **01606 881660** (General Switchboard)

Fax: **01606 881667**

Email: advocacy@ageukcheshire.org.uk

All client groups over 18.

Promotes equal opportunities by supporting and enabling people to express their views and concerns, access information and services, defend and promote their rights/responsibilities and explore options and choices.

Specialist Assessments

Deafness Support Network

144 London Road, Northwich, Cheshire CW9 5HH

Head Office Tel: **0808 208 2440**

Northwich Office Tel: **01606 47831**

Textphone: **01606 350823**

Email: dsn@dsnonline.co.uk

Web: www.dsnonline.co.uk

D/deaf people aged 50+.

Provides a range of services including Assessments at home or at DSN's Resource Centre in Macclesfield or in care/nursing homes.

Brokerage

Cheshire Centre for Independent Living (CCIL) in partnership with Age UK Cheshire

Sension House, Denton Drive, Northwich CW9 7LU

Tel: **01606 331853** or **0845 340 2777**

Email: office@cheshirecil.org

Web: www.cheshirecil.org

FACS eligible people from all client groups, and self funders aged 18+.

Advice and support planning service around personal welfare, financial assistance, peer support, recruitment of PA's and signposting to community based services.

Healthwatch

Consortium led by Cheshire East CVS

81 Park Lane, Macclesfield SK11 6TX

Tel: **0330 088 2843**

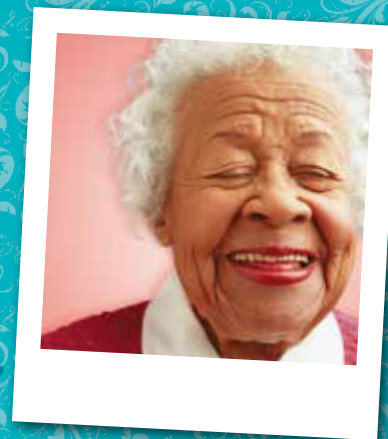
Email: info@healthwatchcheshireeast.co.uk

Web: www.healthwatchcheshireeast.co.uk

All client groups.

The consumer champion for health and social care that gathers knowledge, information and opinion to influence policy and commissioning decisions.

Laughter is the Best Medicine



Nursing, Dementia & Young Physically Disabled Care Home Congleton | Cheshire

Clayton Manor Care Home, on the A34 at Congleton, is under new ownership. The Home is now run by leading care provider Avery Healthcare and brings to Congleton care provision from a national company with an award winning reputation.

With daily activities, hotel standard interiors and dining, as well as the best in clinical care.

Clayton Manor offers: Generously proportioned en-suite bedrooms • Restaurant standard food prepared daily • Vibrant lounges, comfortable quiet rooms and communal dining areas
Hotel standard support services including a daily programme of therapeutic activities
Mature garden with sensory beds.

Come and see for yourself, call 01260 299622.



Clayton Manor

It's time to think differently about care

Manager: Nicki Oliver | averyhealthcare.co.uk | enquiries.claytonmanor@averyhealthcare.co.uk

The Life You Want. The Care You Need.



Step inside a Sunrise community and you'll know you've arrived somewhere special - a vibrant place where life is lived to the full.

Whether it's assisted living or specialist dementia care, everything we do stems from a commitment to providing only the very best care for the elderly.

Don't just take our word for it. Come and see for yourself how rewarding life can be with Sunrise.

Pop in or call to arrange a tour of your local Sunrise community today.

Connect with us:     



Sunrise of Mobberley

Hall Lane, Mobberley, Knutsford,
Cheshire WA16 7DZ

01565 818 040

sunrise-care.co.uk/mobberley



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- Personal Care
- Dementia & Alzheimer's
- Respite & Live in Care
- Learning & Physical Disabilities
- End of Life Care

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To find out more call

01625 526850

or visit www.alicechilton.com
email info@alicechilton.com

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registered in England & Wales No. 8984744



A choice of elderly care options in East Cheshire

We know that personalised care in a warm and welcoming place, that's close to your family and friends is really important.

That's why we offer long and short stay care options in East Cheshire. What's more, you don't need our health insurance to stay with us.

To find out more about your elderly care options in East Cheshire

☎ Call **0333 220 4756[†]**

Look for Newton Court, Greengables, Brookview, Hazelmere House and Mount Hall in the listings section.



[†] Calls are charged at no more than local rate and count towards any inclusive minutes from mobiles. Calls may be monitored and may be recorded.

Feel right at home *with Barchester care homes*

At Barchester we pride ourselves on independence, dignity and choice for the individuals we support. We look after people with a wide variety of needs. Our compassionate and caring staff make sure that everyone is treated as an individual and they have comfort, security and the best quality of life.

**Nursing care • Residential care • Dementia care
Respite breaks • Assisted living apartments**



If you would like a tour of one of our homes or just need some friendly advice, your local Barchester care home will be happy to help.

Adlington Manor
Macclesfield, SK10 4NT
01625 242 744

Arbour Court
Stockport, SK6 7QL
01618 228 050

Marple Dale
Stockport, SK6 6NL
01618 228 051

Prestbury Beaumont
Macclesfield, SK10 4AP
01625 242 743


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A reliable family run domiciliary company based in Macclesfield, delivering high quality home care and personal assistance for over 10 years.

15 minutes to 24 hour care

Tel: **01625 668990**

Suite 1a, 11 Market Place, Macclesfield,
Cheshire SK10 1EB

www.edencareservicesltd.co.uk

Gilly's Here 4 U

M: 07523 891 021

The aim of Gilly's Here 4 You is to provide people with care and support, in their own home and social environment.

Our assistance can range from a few hours a week to several hours a day.

Services include:

- Personal Care & support
- Provision of meals and dietary needs
- Assist with medication
- Help with general house work & laundry

E: gillyshere4you@gmail.com

Office 6, Brunswick Mill, Pickford Street, Macclesfield, Cheshire SK11 6JN

friendship, warmth & security

Ashfields and Genesis Care Homes provide residential care in a unique home from home environment, free from the worries of modern day living and offering friendship, warmth and security.

We consider each resident's well-being and ensure that the care they receive is of the highest standard.

Should you require a short period of convalescence or simply need a break we also offer short term respite and holiday breaks.

for more details please contact:

ASHFIELDS CARE HOME

129 PRESTBURY ROAD
MACCLESFIELD
CHESHIRE SK10 3DA
TEL: 01625 617288

MANAGER: SHARON BANNISTER

GENESIS CARE HOME

197 PETER STREET
MACCLESFIELD
CHESHIRE SK11 8ES
TEL: 01625 508020

MANAGER: AMANDA SARGEANT



You care that your Mum feels at home.
We care and encouraged Alice to bring her favourite chair when she moved in.

For excellent care tailored to your specific needs, call

Cypress Court Care Home, 01270 588227

Broad Street, Crewe, Cheshire CW1 3DH

Rosedale Manor Care Home, 01270 259630

Sherborne Road, Crewe, Cheshire CW1 4LB

Weston Park Care Home, 01625 613280

Moss Lane, Macclesfield, Cheshire SK11 7XE

Making Care Special in Cheshire

www.fshc.co.uk



Four Seasons
HEALTH CARE



We are a family - owned Care Quality Commission Domiciliary Care Agency that has served both Disley and Poynton for over 5 years.

We specialise in providing affordable adult home care and support directly into Clients' homes in Disley and Poynton.

We believe the most important judge of our services is our Clients, please read some of their comments as to the quality of care we provide:

"The care assistants are kind, helpful and professional. My full time carer now has the respite he badly needs and I am very well taken care of in my own home. I highly recommend this exceptional company." **Mrs H P**

"They provide an excellent service, punctual and have never failed to attend. The Office is friendly and efficient and I get a weekly e-mail showing me the following weeks rota and Mum has one hand delivered to her door so we know who is on duty" **Mrs B D**

"Mum was diagnosed with Alzheimer's. However, who do you trust to provide this care and support? Intercare. We have been truly impressed with the level of care provided, and the help we have received from all of the staff" **Mrs H**

Please call for a free care assessment visit. If you are unhappy with your current care arrangements we are able to help get you or your loved ones the care they deserve.

Telephone: 01663 308232 or visit: www.intercareservices.com



Money Management for Vulnerable Adults

We are a not for profit money management service for vulnerable adults who are unable to manage their own financial affairs.

We work with Cheshire East Council and care organisations to support people who need everyday money management support. We can become a person's Attorney (LPA), Deputy or Appointee depending on their individual needs.

We are here to help & support so please get in touch if we can assist you or a loved one.

t: 0800 083 0626 e: info@moneycarer.org.uk <http://moneycarer.org.uk> The Heath Business & Technical Park, Runcorn, WA7 4QX



**NEED HELP
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FOR CARE?**

www.carechoices.co.uk

developed by the publisher of this Directory

With so many providers to choose from, where do you start?
www.carechoices.co.uk can help.

- search care providers quickly and easily
- search by postcode/town and care type
- Information on standards of care
- links to the latest inspection reports
- extra information, photos and direct website links for hundreds of providers
- request a brochure
- checklists to take with you when you visit

Alternatively, call our friendly helpline team on **0800 389 2077** to talk to someone directly.

Home care providers

ABBEEY SERVICES (UK) LTD

Wilmslow

Tel: 01625 521611

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ABLE LIVING CARE SERVICES

Stockport

Tel: 01625 875865

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ABLEWELL CARE

Macclesfield

Tel: 07540 597532

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ALICE CHILTON IN-HOME CARE SERVICES LTD

Handforth

Tel: 01625 526850

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ALL AGE AID

Whitchurch

Tel: 01948 871368

OP D PD

ALLIED HEALTHCARE - MACCLESFIELD

Macclesfield

Tel: 01625 611112

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ALTERNATIVE FUTURES GROUP (CHESHIRE BRANCH OFFICE)

Middlewich

Tel: 01606 734120

OP D PD LDA MH SI YA

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Crewe

Tel: 01270 252825

OP D PD LDA MH SI YA AD

AMG NURSING AND CARE SERVICES - CREWE

Crewe

Tel: 01270 617148

OP D PD LDA MH SI YA

BELONG AT HOME DOMICILIARY CARE AGENCY - CREWE

Crewe

Tel: 01270 561200

OP D PD MH SI

BELONG AT HOME DOMICILIARY CARE AGENCY - MACCLESFIELD

Macclesfield

Tel: 01625 508700

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BETAMINDES LTD

Crewe

Tel: 01270 668837

OP D PD SI

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Crewe

Tel: 01270 617081

OP PD

BRIDGEWOOD HOMECARE LTD

Wilmslow

Tel: 01625 540880

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CARE AT HOME - WARFORD

Alderley Edge

Tel: 01565 640109

OP LDA YA

CARE INNOVATIONS LTD

Stockport

Tel: 01663 762474

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CARE PLUS HOMECARE SERVICES LTD

Handforth

Tel: 01625 522504

OP D PD LDA MH SI

CAREMARK (CHESHIRE NORTH EAST)

Handforth

Tel: 01625 540099

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CAREMARK (CHESHIRE SOUTH EAST)

Congleton

Tel: 01260 277597

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CHERISH U LTD

Congleton

Tel: 01260 408002

OP YA

CHESHIRE & STAFFORDSHIRE HOMECARE LTD

Congleton

Tel: 01260 271863

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CHESHIRE EAST COUNCIL DOMICILIARY CARE SERVICE

Macclesfield

Tel: 01625 374261

OP D PD LDA MH SI YA AD

CHESHIRE EAST COUNCIL DOMICILIARY CARE SERVICE

Sandbach

Tel: 01270 375309

OP D PD LDA MH SI YA AD

CHESHIRE EAST HOMECARE T/A SURECARE

CHESHIRE EAST

Macclesfield

Tel: 01625 626215

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Service User OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol and drugs

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Nantwich

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COMPLETE AID SERVICES LTD

Knutsford

Tel: 01565 723470

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Knutsford

Tel: 01565 640569

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CONGLETON SUPPORTED LIVING NETWORK

Congleton

Tel: 01260 375581

LDA

CREWE & NANTWICH SUPPORTED LIVING NETWORK

Crewe

Tel: 01270 371216

LDA

CROSSROADS CARE CHESHIRE EAST

Congleton

Tel: 01260 292850

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DIRECT HEALTH (CREWE)

Crewe

Tel: 01270 252599

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EDEN CARE SERVICES LTD

Macclesfield

Tel: 01625 668990

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EUROPEAN WELLCARE LIFESTYLES LTD (CREWE)

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D PD LDA MH SI

EVOLVING CARE LTD

Crewe

Tel: 07867 425661

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FAIRFIELD CARE LTD

Altrincham

Tel: 01619 287039

OP D LDA MH YA

FAMILY CARE SOLUTIONS

Stockport

Tel: 01614 395978

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GILLY'S HERE 4 YOU

Macclesfield

Tel: 07523 891021

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HEATHER BRAE SUPPORTED LIVING NETWORK

Congleton

Tel: 01260 273093

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HOMECARE 4U CHESHIRE

Crewe

Tel: 01270 749273

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HOMECARE NORTHWEST

Macclesfield

Tel: 01625 662269

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HOMECARE NORTHWEST LTD

Crewe

Tel: 01270 270051

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HOMECARE UK

Macclesfield

Tel: 01625 502171

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INSAFEHANDS LTD

Nantwich

Tel: 01270 626020

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INTERCARE SERVICES

Stockport

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JORDANGATE

Macclesfield

Tel: 01625 500166

OP MH YA

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Chelford

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KARE PLUS CHESHIRE

Crewe

Tel: 01477 533612

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KNUTSFORD SUPPORTED LIVING NETWORK

Knutsford

Tel: 01625 374174

LDA

LADY VERDIN TRUST - PERSONALISED SUPPORT, THE

Crewe

Tel: 01270 256700

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LANTERN CARE SERVICES

Crewe

Tel: 07564 319999

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Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol and drugs

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MACCLESFIELD SUPPORTED LIVING NETWORK

Macclesfield
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LDA

MEADOWSWEET HOME CARE

Knutsford
Tel: 01565 750011

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MEARS CARE - CONGLETON ECHS

Congleton
Tel: 01260 281484

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NEXT STEP DOMICILIARY CARE LTD

Macclesfield
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OLD CHAPEL, THE

Macclesfield
Tel: 07980 647114

LDA

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Prestbury
Tel: 01625 242743 **Advert page 27**

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Nantwich
Tel: 01270 629080

OP YA

ROSSENDALE HALL

Macclesfield
Tel: 01260 252500

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Alderley Edge
Tel: 01625 583957

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Middlewich
Tel: 01606 835574

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WHYNOT IN HOMECARE LTD

Knutsford
Tel: 01565 654966

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WILMSLOW SUPPORTED LIVING NETWORK

Handforth
Tel: 01625 374072

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Care home providers

APPLECROFT RESIDENTIAL CARE HOME

48-50 Brunswick Street, Congleton, Cheshire CW12 1QF
Tel: 01260 280336

OP

ARCLID, THE

Newcastle Road, Sandbach, Cheshire CW11 2SN
Tel: 01477 500495

LDA YA

ASHFIELDS CARE HOME

129 Prestbury Road, Macclesfield, Cheshire SK10 3DA
Tel: 01625 617288 **Advert page 28**

OP

BRADWELL COURT

Bradwell Grove, Congleton, Cheshire CW12 3SA
Tel: 01260 281428

OP D PD SI

BRANTWOOD RESIDENTIAL CARE HOME

112-114 Congleton Road, Sandbach, Cheshire CW11 1HQ
Tel: 01270 760076

OP

BROOKFIELD HOUSE CARE HOME

Brookfield Park, Shrewbridge, Nantwich, Cheshire CW5 7AD
Tel: 01270 624951

OP D

Service User OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol and drugs

Advertisers are highlighted

CARMEL LODGE CARE HOME

London Road, Adlington, Macclesfield, Cheshire SK10 4NJ
Tel: 01625 856790

D

CEDARS RESIDENTIAL CARE HOME, THE

Brookfield Drive, Holmes Chapel, Cheshire CW4 7DT
Tel: 01477 532857

OP PD

CHESHIRE EAST SHORT BREAKS

9 Warwick Mews, Warwick Road, Macclesfield, Cheshire SK11 8SW
Tel: 01625 378280

LDA

CONSORT CLOSE - BOLLINGTON

2, 3 and 4 Consort Close, Bollington, Macclesfield, Cheshire SK10 5FB
Tel: 01565 640109

OP PD LDA YA

DYSTLEIGH GRANGE

40 Jacksons Edge Road, Disley, Stockport, Greater Manchester SK12 2JL
Tel: 01663 765237

OP PD

EAST CHESHIRE HOUSING CONSORTIUM

20-22 Nixon Street, Macclesfield, Cheshire SK11 8DP
Tel: 01625 619146

MH

EAST CHESHIRE HOUSING CONSORTIUM

2 High Street, Macclesfield, Cheshire SK11 8BU
Tel: 01625 50066

OP MH YA

ELM COTTAGE - MIDDLEWICH

75 Sutton Lane, Middlewich, Cheshire CW10 0DA
Tel: 01565 640109

OP PD LDA YA

ELM HOUSE RESIDENTIAL CARE HOME

76 Pillory Street, Nantwich, Cheshire CW5 5SS
Tel: 01270 624428

OP PD

ELMS RESIDENTIAL CARE HOME, THE

Elm Drive, Crewe, Cheshire CW1 4EH
Tel: 01270 584236

OP PD

EMMIE DIXON HOME, THE

149 Richmond Road, Crewe, Cheshire CW1 4AX
Tel: 01270 581314

PD LDA

GENESIS CARE HOME

197 Peter Street, Macclesfield, Cheshire SK11 8ES
Tel: 01625 508020 **Advert page 28**

OP

HAWTHORNS RESIDENTIAL CARE HOME, THE

Hawthorn Street, Wilmslow, Cheshire SK9 5EJ
Tel: 01625 527617

OP PD

HELIOSA NURSING HOME

54 Boundary Lane, Congleton, Cheshire CW12 3JA
Tel: 01260 273351

OP D PD LDA MH SI YA

HILLSIDE RESIDENTIAL CARE HOME

21 Adlington Road, Wilmslow, Cheshire SK9 2BJ
Tel: 01625 523351

OP

HOLLINS VIEW COMMUNITY SUPPORT CENTRE

Clarke Terrace, Byron Street, Macclesfield, Cheshire SK11 7QD
Tel: 01625 374280

OP

HOPE GREEN RESIDENTIAL HOME

London Road, Adlington, Macclesfield, Cheshire SK10 4NJ
Tel: 01625 871210

OP

INGERSLEY COURT RESIDENTIAL CARE HOME

Lowther Street, Off Church Street, Bollington, Macclesfield, Cheshire SK10 5QA
Tel: 01625 574233

OP PD

INGLEWOOD RESIDENTIAL CARE HOME

Coppice Lane, Disley, Stockport, Cheshire SK12 2LT
Tel: 01663 762011

OP D

LADY VERDIN TRUST - CLAREMONT, THE

115-117 Valley Road, Crewe, Cheshire CW2 8LL
Tel: 01270 256700

OP D PD LDA SI YA

Advert inside back cover

LADY VERDIN TRUST - CREWE ROAD, THE

552 Crewe Road, Crewe, Cheshire CW2 6PP
Tel: 01270 256700

OP D PD LDA SI YA

Advert inside back cover

LADY VERDIN TRUST - WELLSWOOD DRIVE, THE

1 Wellswood Drive, Wistaston, Crewe, Cheshire CW2 6RE
Tel: 01270 256700

OP D PD LDA SI YA

Advert inside back cover

LAURELS CARE HOME, THE

Canal Road, Congleton, Cheshire CW12 3AP
Tel: 01260 278710

OP

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LAVENDER HOUSE RESIDENTIAL HOME

68 Audley Road, Alsager, Stoke-on-Trent,
Staffordshire ST7 2QN
Tel: 01270 874696

OP D

PARKLANDS RESIDENTIAL CARE HOME

Poynton Civic Centre, Park Lane, Poynton,
Cheshire SK12 1RB
Tel: 01625 879215

OP PD

LEYCESTER HOUSE RESIDENTIAL CARE HOME

Edenfield Road, Mobberley, Knutsford, Cheshire WA16 7HE
Tel: 01565 872496

OP PD

PATHWAYS AND COMMUNITY - WARFORD

Mill Lane, Warford, Alderley Edge,
Cheshire SK9 7UD
Tel: 01565 640177

OP D PD LDA YA

LINCOLN HOUSE COMMUNITY SUPPORT CENTRE

Samuel Street, Crewe, Cheshire CW1 3WH
Tel: 01270 375341

OP D

PETUNIA GROVE - MACCLESFIELD

3 Petunia Grove, Macclesfield, Cheshire SK11 7YY
Tel: 01565 640111

OP LDA YA

LYME GREEN HALL

Lyme Green Settlement, London Road, Macclesfield,
Cheshire SK11 0LD
Tel: 01260 253555

OP D YA

PRIMROSE AVENUE - CREWE

30 Primrose Avenue, Haslington, Crewe, Cheshire CW1 5NY
Tel: 01565 640000

OP PD LDA YA

MANOR CARE HOME - MIDDLEWICH

Greendale Drive, Middlewich, Cheshire CW10 0PH
Tel: 01606 833236

OP D

RICHMOND VILLAGE NANTWICH

St Joseph's Way, London Road, Nantwich,
Cheshire CW5 6LZ
Tel: 01270 629080

OP

MAYFIELD HOUSE

Mayfield Mews, Crewe, Cheshire CW1 3FZ
Tel: 01270 500414

OP D

STATION ROAD - HOLMES CHAPEL

5 Station Road, Holmes Chapel, Cheshire CW4 7AU
Tel: 01565 640109

OP PD LDA YA

MILL LANE - MACCLESFIELD

94-96 Mill Lane, Macclesfield, Cheshire SK11 7NR
Tel: 01565 640109

OP PD LDA YA

TUNNICLIFFE HOUSE

16 Tunncliffe Street, Macclesfield, Cheshire SK10 1DE
Tel: 01625 617129

LDA MH

NEW MILTON HOUSE RESIDENTIAL CARE HOME

Station Road, Alsager, Stoke-on-Trent, Cheshire ST7 2PB
Tel: 01270 874422

OP D PD

TURNPIKE COURT RESIDENTIAL CARE HOME

Middlewich Road, Elworth, Sandbach, Cheshire CW11 3EJ
Tel: 01270 762150

OP PD

ORCADIA

86 Buxton Road, Disley, Stockport,
Greater Manchester SK12 2HE
Tel: 01663 765056

LDA YA

UPTON GRANGE RESIDENTIAL HOME

214 Prestbury Road, Macclesfield, Cheshire SK10 4AA
Tel: 01625 829735

OP

PARK HOUSE CARE HOME

Congleton Road, Sandbach, Cheshire CW11 4SP
Tel: 01270 762259

OP D PD

WESTBURY DRIVE - MACCLESFIELD

19 Westbury Drive, Macclesfield, Cheshire SK11 8LR
Tel: 01564 640109

OP PD LDA YA

PARK LANE RESIDENTIAL HOME

7-9 Park Lane, Congleton, Cheshire CW12 3DN
Tel: 01260 290022

OP D

WESTHAVEN

38b-c Westhaven, Congleton, Cheshire CW12 4LJ
Tel: 01260 298157

MH

PARK MOUNT CARE HOME

52 Park Mount Drive, Macclesfield, Cheshire SK11 8NT
Tel: 01625 616459

OP

WOODEAVES RESIDENTIAL CARE HOME

9 Park Road, Nantwich, Cheshire CW5 7AQ
Tel: 01270 621550

OP D PD

Service User OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
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Care home with nursing providers

ADLINGTON MANOR

Street Lane, Adlington, Macclesfield, Cheshire SK10 4NT
Tel: 01625 242744 **Advert page 27**

D

ALSAGER COURT CARE HOME WITH NURSING

Sandbach Road North, Church Lawton, Alsager,
Cheshire ST7 3RG
Tel: 0845 345 5743

OP D PD SI

ASTBURY MERE CARE HOME

Newcastle Road, Astbury, Congleton, Cheshire CW12 4HP
Tel: 01260 296772 **Advert outside back cover**

OP D

AUDLEM COUNTRY NURSING HOME

The Old Grammar School, Audlem, Crewe, Cheshire CW3 0BA
Tel: 01270 811514

OP D MH

BELONG CREWE CARE VILLAGE

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Tel: 01270 561200

OP D PD MH SI

BELONG MACCLESFIELD CARE VILLAGE

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Tel: 01625 508700

OP D PD

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Horseshoe Lane, Alderley Edge, Stockport,
Greater Manchester SK9 7QP
Tel: 01625 865020

OP D

BROOKVIEW NURSING AND RESIDENTIAL CENTRE

Brook Lane, Alderley Edge, Cheshire SK9 7QG
Tel: 01625 838581 **Advert page 27**

OP D

BUCKLOW MANOR NURSING HOME

Chester Road, Bucklow Hill, Knutsford, Cheshire WA16 6RR
Tel: 01565 830396

OP D

CAVENDISH COURT

Horseshoe Lane, Alderley Edge, Stockport,
Greater Manchester SK9 7QP
Tel: 01625 592830

OP

CEDAR COURT NURSING HOME

Audlem, Cheshire CW3 0HF
Tel: 01270 812049

OP D

CHURCH HOUSE CARE HOME

Coole Lane, Austerson, Nantwich, Cheshire CW5 8AB
Tel: 01270 625484

OP

CLARENDON COURT CARE HOME

Beechwood Close, Stapeley, Nantwich, Cheshire CW5 7FY
Tel: 01270 621500

OP

CLAYTON MANOR

Rood Hill, Congleton, Cheshire CW12 1YZ
Tel: 01260 299622 **Advert page 26**

OP D PD SI YA

CLUMBER HOUSE NURSING HOME

81 Dickens Lane, Poynton, Cheshire SK12 1NT
Tel: 01625 879946

OP

CORBROOK COURT NURSING HOME

Corbrook Court, Audlem, Cheshire CW3 0HF
Tel: 01270 812324

OP D PD YA

CYPRESS COURT CARE HOME

Broad Street, Crewe, Cheshire CW1 3DH
Tel: 01270 588227 **Advert page 28**

OP

EDEN MANSIONS NURSING HOME

Station Road, Styal, Wilmslow, Cheshire SK9 4HD
Tel: 01625 524276

OP D MH

GREENGABLES NURSING CENTRE

54 Sandbach Road, Congleton, Cheshire CW12 4LW
Tel: 01260 217587 **Advert page 27**

OP

HAZELMERE HOUSE NURSING HOME

Pinewood Road, Summerfields, Wilmslow, Cheshire SK9 2RS
Tel: 01625 839784 **Advert page 27**

OP PD

HELIOSA NURSING HOME

54 Boundary Lane, Congleton, Cheshire CW12 3JA
Tel: 01260 273351

OP D PD LDA MH SI YA

HIGHFIELD HOUSE NURSING HOME

298 Park Lane, Macclesfield, Cheshire SK11 8AE
Tel: 01625 511519

OP

HILL HOUSE - CARE HOME WITH NURSING PHYSICAL DISABILITIES

Newcastle Road, Sandbach, Cheshire CW11 1LA
Tel: 01270 762341

PD YA

HOLLINS PARK

Victoria Road, Macclesfield, Cheshire SK10 3JA
Tel: 01625 503028

OP D PD LDA MH

HOLLYMERE HOUSE GENERAL NURSING HOME

72 Crewe Road, Haslington, Crewe, Cheshire CW1 5QZ
Tel: 01270 501861

OP

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HUNTERCOMBE NEURODISABILITY CENTRE – CREWE, THE

Sherbourne Road, Crewe, Cheshire CW1 4LB
Tel: 01270 531080

PD MH YA

JACKSON HOUSE

2 Lode Hill Cottages, Altrincham Road, Styal, Wilmslow, Cheshire SK9 4LH
Tel: 01625 52267

OP D LDA MH SI YA

LAWTON MANOR CARE HOME

Church Lane, Church Lawton, Stoke-on-Trent, Staffordshire ST7 3DD
Tel: 01270 844200

OP

MINSHULL COURT NURSING HOME

Minshull New Road, Crewe, Cheshire CW1 3PP
Tel: 01270 257917

D

MOUNT HALL NURSING HOME

Flash Lane, Bollington Cross, Macclesfield, Cheshire SK10 5AQ
Tel: 01625 839689 **Advert page 27**

OP

NEWTON COURT NURSING AND RESIDENTIAL HOME

28 St Ann's Road, Middlewich, Cheshire CW10 9BJ
Tel: 01606 822611 **Advert page 27**

OP PD

PATHWAYS AND COMMUNITY – WARFORD

Mill Lane, Warford, Alderley Edge, Cheshire SK9 7UD
Tel: 01565 640177

OP D PD LDA YA

PRESTBURY BEAUMONT

Collar House Drive, Prestbury, Macclesfield Cheshire SK10 4AP
Tel: 01625 242743 **Advert page 27**

OP PD

PRESTBURY HOUSE CARE HOME

West Park Drive, Macclesfield, Cheshire SK10 3GR
Tel: 01625 506132 **Advert outside back cover**

OP D

PRIMROSE HOUSE NURSING HOME

72 Crewe Road, Haslington, Crewe, Cheshire CW1 5QZ
Tel: 01270 250110

OP D YA

ROSEDALE MANOR CARE HOME

Sherborne Road, Crewe, Cheshire CW1 4LB
Tel: 01270 259630 **Advert page 28**

OP D PD MH

ROWANS CARE CENTRE

Merriden Road, Macclesfield, Cheshire SK10 3AN
Tel: 01625 422284

OP D

SHARSTON HOUSE NURSING HOME

Manor Park South, Knutsford, Cheshire WA16 8AQ
Tel: 01565 633022

OP

ST CATHERINES CARE HOME

Barony Road, Nantwich, Cheshire CW5 5QZ
Tel: 01270 610881

OP D

ST STEPHENS CARE HOME

St Stephens Court, London Road, Elworth, Sandbach, Cheshire CW11 4TG
Tel: 01270 759565

OP D

STATION HOUSE

Victoria Avenue, Crewe, Cheshire CW2 7SF
Tel: 01270 250843

OP D PD LDA MH

SUNRISE OF MOBBERLEY

Hall Lane, Mobberley, Knutsford, Cheshire WA16 7DZ

Tel: 01565 818040 **Advert page 26**

OP D

TABLEY HOUSE

Tabley Lane, Knutsford, Cheshire WA16 0HB
Tel: 01565 650888

OP D PD MH

WESTBOURNE CARE HOME, THE

Cricketers Way, Holmes Chapel, Cheshire CW4 7EZ
Tel: 01477 535604

OP D PD MH SI YA

WESTON PARK CARE HOME

Moss Lane, Macclesfield, Cheshire SK11 7XE
Tel: 01625 613280 **Advert page 28**

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WILLOWS, THE

Warford Park, Faulkners Lane, Mobberley, Cheshire WA16 7AR
Tel: 01565 818420

OP

WOODLANDS

Middlewood Road, Poynton, Stockport, Cheshire SK12 1SH
Tel: 01625 877112

OP

WOODLANDS CARE CENTRE

Woodlands Road, Macclesfield, Cheshire SK11 8AQ
Tel: 01625 432471

OP D

WRENBURY NURSING HOME

Wrenbury Hall Drive, Wrenbury, Nantwich, Cheshire CW5 8EJ
Tel: 01270 780114

OP D PD

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First for care

Call or visit our team on

01270 256700
www.ladyverdintrust.org.uk

Who we are

The Lady Verdin Trust supports adults and young people with learning disabilities living in Cheshire. We support people with all degrees of learning disabilities including Autistic Spectrum disorders and Asperger's syndrome, Acquired Brain Injury (ABI) and other physical disabilities.

We provide all our clients with the encouragement, support and opportunity to live independent, fulfilling lives within their local community.



What we do

We offer a range of interlinking services that can help you live your life in the way that you want.

Daily Options - a flexible and personal service that enables you to access facilities in your community.

Living Options - supporting you to live where and how you wish.

Work Experience & Training - opportunities to gain confidence and understanding of the workplace.



Our staff

Our guarantee to you is to provide you with the best possible service. By developing a knowledgeable, skilful and motivated team, we ensure an environment where people with learning disabilities may live valued, meaningful and fulfilling lives.



LVT Dementia Services

Living with dementia or caring for somebody with dementia at home can be a demanding, stressful and uncertain time. At LVT Dementia Services we understand that at times we all need help and support - whether a few hours a day, overnight or a long weekend. Our unique, affordable and flexible service is delivered by an experienced and highly trained team.





Homes you will love. Care you will appreciate.

At Porthaven we are proud to have been described as running the best care homes in the country.

Our homes are beautifully designed, comfortably stylish and spacious. We provide a range of interesting, enjoyable activities and an excellent menu of food.

We understand the business of caring well, offering residential, nursing and dementia care as well as respite care for those who require a shorter stay.

There is, however, another element, and one which makes a difference to all our residents: a positive attitude to caring and a genuine interest in others.

You will sense this from the moment you walk in the front door; it's unmistakable.

Call your nearest Porthaven Care Home and arrange a visit with one of our Home Managers today.

We look forward to hearing from you.

- ~ Residential care
- ~ Nursing care
- ~ Dementia care
- ~ Respite care
- ~ Tailored activities and dedicated activities room
- ~ Private ensuite bedrooms
- ~ Expert care staff
- ~ Excellent menu
- ~ Restaurants and private dining room
- ~ Landscaped gardens

Astbury Mere Care Home

Newcastle Road, Astbury, Congleton CW12 4HP
Tel: 01260 296772

Prestbury House Care Home

West Park Drive, Macclesfield SK10 3GR
Tel: 01625 506132

